[Kettering Network Radiologists Inc.]

RE: MRI Report Finalized by J. Keith Bidwell, MD on 10-24-2017

Readers please NOTE: There was a short telephone conversation – with Ms. Lewis – this day (11-14-2017). She reports that "...Dr. Bidwell is out of town. ..."; And, Ms. Lewis has requested that I specify a "Medical Professional" – for Dr. Bidwell to communicate with. I have communicated Ms. Lewis's request to my MD – <u>Lawrence GoldStick</u>. In fact, as of 10-19-2017, <u>Julie Z Shott</u> is no longer my MD. (See notice)

----- Original Message -----

Subject: REQUEST and thanking you – and, the team that you have selected to work with – at MCEP [Medical Center at Elizabeth Place]

Date: 2017-11-09 19:30

From: (Susan Marie Neuhart) http://hansandcassady.org/

To: susan.lewis@kriview.com (Office Manager: Kettering Network

Radiologists Inc.)

11-9-2017 -- Dear Ms. Lewis, I have submitted the following message (for Dr. Bidwell) also using your web site FORM. I do not use the telephone. However, please use my Email address OR web site Contact form - for reply. I look forward to working with you guys - in the manner that I suggest below. - Susan Neuhart

http://www.kriview.com/contact-us.html < CONTACT US (form)</pre>

Thank you. Your message was successfully sent.

For all questions or comments or to contact [Kettering Network Radiologists

Inc.] directly: Email: susan.lewis@kriview.com

PHONE: (937) 297-6307

540 Lincoln Park Boulevard - Suite 130

Kettering, Ohio 45429

RE: MRI Report Finalized by J. Keith Bidwell, MD on 10-24-2017

11-9-2017

Dear Doctor Keith Bidwell, MD (**Kettering Network Radiologists Inc.**) you "finalized" my MRI report – begun on 10-23-2017 at Medical Center at Elizabeth Place, Dayton, Ohio.

I want to begin by thanking you - and, the team that you have selected to work with - at MCEP.

Sir, I was given a CD – with 66 "images" (that I presume are from the MRI system – that was used). I requested this CD. Only some days ago, I retrieved a copy of your 2-page report – also – dated 10-24-2017. [added: We have received – and paid – the "patient" associated billing – for the MRI procedure. Original charges totaling \$5,088.76]

My name is SusanM. Neuhart, DOB (redacted)

Now, I have *transcribed* many of your report statements; and, embarked on a study of the information obtained – by the human shoulder MRI processes AND your analysis of the images. This is very interesting (to me). You see, prior to my retirement, I was a high-tech worker – all over America. A <u>resume</u> of my education and work experience is available on my web site. You may find my IEEE Signal Integrity experiences most interesting – and related. I hope to post some of the images – that resulted (from my MRI) - and, your analysis. If you visit my personal web site – you will see that I have a page dedicated to "Health, Fitness & YOGA". (http://hansandcassady.org/HealthANDFitness.html)

You state – in your report – that I have a "Supraspinatus tendon: Full-thickness tear with fair edge quality. Transverse gap from tendon edge to attachment site is about 2 cm. The tear begins at the anterior leading edge and the complex extends back posteriorly for about 1.7 cm in AP diameter. The supraspinatus muscle shows no atrophy. Some minimal cystic change at the musculotendinous junction."

REQUEST: Sir, would you please direct me to the image OR images (on my CD) that best indicate this? The list of images that I have follows. Thus, you could say (if these are the same image series that you reviewed)- for example: **Susan, see Cor T1 Right – image number 7 of the 16 images obtained.**

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Again, my interest is for teaching (and example) purposes (ONLY). Although I am NOT a YOGA teacher, I perform YOGA poses- every day – at the "KLEPTZ" YMCA- for Physical Rehabilitation and body maintenance purposes. And, because I am a senior person – who has suffered a SAH @ MCA (2012) - many seniors (men and women) inquire (of me) – about YOGA – and, its "benefits". I am very proud to say, that I always answer (with caution) – that I am "approved" (by my Medical Doctors) to perform the poses – which, these people see me do. I always caution them, to seek their Doctor's approval, also. Again, I cite the poses (that I perform) on my personal web site.

Specifically, I plan to <u>contact Medical Doctor Timothy McCall</u> (also). You may know, he is the Author of "YOGA as Medicine..." (A book that was on the NYT Best-seller List.) Then too, YOGA is being recommended as a possible solution to the USA "Opioid Crisis" also. <u>See NYTimes article</u>. (also cited on my web site) American Journal of Preventive Medine ARTiCLE.

Doctor, I enjoy YOGA. However, if there are poses that should not be performed – by seniors – then, I want to offer my experiences (and injury) - as an example. Only since I read your report, have I started to ingest a Hyaluronic Acid/glucosamine supplement daily. I will be able to report on the success (or failure) of this [experiment] also.

I will be grateful for your reply – and, responsive to your comments on my presentation of the information; which (the page of interest) is in progress – at my web site: http://hansandcassady.org/ [page]

Very Truly – Your Patient (Susan Neuhart)

The "series (FOLDER) on the CD – that I was given has: Ax T2* GRE Right 18 images Cor T1 Right 16 images Cor T2 FS Right 16 images Cor PD FS Right 16 images

A portion of my research (thus far):

http://eradiology.bidmc.harvard.edu/LearningLab/musculo/Kleweno.pdf https://www.reference.com/health/t2-signal-mri-4d622b2cf6632403 http://casemed.case.edu/clerkships/neurology/Web%20Neurorad/MRI%20Basics.h [Kettering Network Radiologists Inc.]

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Transcribed (thus far: 11-14-2017) from Imaging Report (of interest)

Patient name: REDACTED

MRN: (redacted)

EXAM: MRI UPPER EXTREMITY JOINT WITHOUT RIGHT

Date Of Service: 10/23/2017 2:24 PM Referring Physician: <u>Julie Z Shott</u>

Facility: MCEP

MRI UPPER EXTREMITY JOINT WITHOUT RIGHT

Date Of Service: 10/23/2017 MRI of the RIGHT Shoulder

Reason for exam: SUPERIOR SHOULDER MUSCLE PAIN AFTER YOGA

EXERCISES-NO PREV-NO SURGERY OF RT SHOULDER

Comparison: None

Technique: Standard sequences were obtained in the axial, coronal oblique and

sagittal oblique planes.

GLENOHUMERAL JOINT / CAPSULE / LABRAL COMPLEX:

Anterior labroligmentous complex:...

Posterior labroligmentous complex:...

Superior labrum:...

Inferior labroligmentous complex:...

CORACOACROMIAL ARCH EVALUATION AND IMPINGEMENT FACTORS:

Lateral ...

No subcoracoid impingement.

LONG BICIPITAL TENDON:

Normal...

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Minimal inflammation in the rotator interval.

ROTATOR CUFF:

Teres minor tendon: Normal...

Subscapularis tendon: Tendinopathy with some ...

Infraspinatus tendon: Tendonopathy with...

Supraspinatus tendon: Full-thickness tear with fair edge quality.

Transverse gap from tendon edge to attachment site is about 2 cm. The tear begins at the anterior leading edge and the complex extends back posteriorly for about 1.7 cm in AP diameter. The supraspinatus muscle shows no atrophy. Some minimal cystic change at the musculotendinous junction.

MARROW: No fracture or infiltration. No ischemia. No high-grade chondromalacia. Some pseudo cystic changes are seen in the greater tuberosity. There is a focus of grade IV chondromalacia with geode formation involving the humeral head at the 3:00 position.

MISCELLANEOUS:

Normal

Normal

There are no soft tissue masses

Moderate-sized glenohumeral joint effusion. Subscapularis and subcoracoid bursal fluid. No loose bodies.

IMPRESSION:

- 1. ...
- 2. ...
- 3. Synovitis.
- 4. Subacromial impingement factors...
- 5. Grade IV chondromalacia of the humeral head.

Finalized by J. Keith Bidwell, MD on 10-24-2017 10:52 AM (Kettering Network Radiologists Inc.) Images obtained at: MCEP [Medical Center at Elizabeth Place) One Elizabeth place Dayton, OH 45417 - END of in progress transcription.

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http://www.kriview.com/about-knri/our-team.html < About Dr. Bidwell



J. Keith Bidwell, M.D.

Dr. Bidwell is a board-certified Radiologist focusing on Musculoskeletal and Neuroradiology. He received his medical degree from Wright State University, completed his Radiology Residency at the University of Maryland Medical Center. Dr. Bidwell is a member of the American Board of Radiology and has been with Kettering Network Radiologists, Inc. since 2000.

Medical School: Wright State University

Residency: University of Maryland Medical Center

Board Certified: 1987