Subject:Susan, Responding to Ohio Senator Rob Portman's message (of 10-26-17) & USA Medicare HISTORY – Implementation

https://en.wikipedia.org/wiki/Medicare_(United_States)#Program_history

Date: 2017-10-28

TO: USA, OHiO Senator Rob Portman FONT = Arial, no serif Type is BLACK.

FROM: USA Ohio Citizen, Susan Marie CassAdy-Neuhart FONT = Times Type is RED.

Dear Senator Portman,

Thank you for your response. Sir, there does seem to be some misunderstandings – on the part of your staff - if they did - in fact - read my previous message to you. The misunderstandings are indicated and addressed below as [...] NOTE: My words are shown in "serif type" – YOUR words are shown in "non-serif type". A PDF version of our "conversation" appears on my personal web site – design in progress.

Most importantly, [Sir] I have suggested an idea for USA HealthCARE – as it was originally proposed – by Harry S. Truman (in 1948) on my personal web site: www-LINK With a major difference! That is, Sir, I embrace the idea of Medical Professionals working (exclusively) for the United States Government.Mr. Truman was forced to disavow this. You see, Sir, I graduated from the University of Wisconsin – BS in 1982. And, I believe that I received a very good Science, Technology, Engineering and Mathematics (STEM) education – from this USA Public Institution. I did consider OSU – however...

It was my impression, that my "UWGB-Professors" were pleased and enthusiastic to provide the specialized knowledge that they imparted to me and my fellow students (daily). My professors stated – as matter of fact – what they were paid. They encouraged students to inquire further (to our Dean) – about their pay and benefits – if we so desired. Sir, my professors worked 40 (or more) hours per week. They were well informed, smart and highly respected by the grateful students that they served. Now, as you may know, the current state of affairs – for USA Medical Doctors – is that they "work" only 4 days per week (typically

Monday thru Thursday); and, primarily serve the "profit motive" – of the business-related enterprise they are a part of. Patients are "managed" – like cattle – through the vigorous implementation of "Patient Management Systems" and, their "supporting" office personnel – many of these fine people, minimally educated; Most of them "under-paid".

That is, today's USA Health Care entities are designed and implemented as "profit making centers" – where patient comfort and care is secondary to patient through-put, speed, billing, etc. AND, they avoid expense and legal entanglements – at all costs. ALL USA Health CARE entities are counseled by the AMA and the organizations that it (the AMA) helped to found and it supports – and endorses. The AMA [in fact] killed President Truman's idea(BiLL) for Universal HealthCARE – in 1948. The AMA simultaneously created the USA Health Insurance Industry.

Thus, in my opinion, USA Medical Professionals, <u>must</u> be made to work FOR the entity that they serve – That is, the USA Government AND its USA Citizens. That is, USA Medical Professionals should NOT enjoy a status – more special or rewarded - than, the USA Public University Professors – that taught them their craft – to begin with. Medical Professionals motivated ONLY by money – should <u>not</u> be permitted to practice medicine – in the USA.

The changes that are needed are obvious – to many: 1) The "profit motive" for providing USA medical care (to USA Citizens) – must be eliminated; and, 2) USA Health Care delivery (services) must be taken back from FOR PROFIT Health Insurance providers

Sir, my idea for a USA Health Care Bill, does this; and, it is still on my personal web site). Presented in "plain" and "fancy" formats. Documented, are specific ways – in which the obvious (stated above) could be done. My ideas are presented in a short Congressional BiLL format. I think, that you [and your staff] will see that I have researched the issues involved. YES, I do support Congressman Conyer's Bill (HR676) – insofar as it accomplishes the same goals; But, his funding

mechanisms, and sentiments - that Medical Professionals "shall be employees of the USA government" - are not so clearly stated. Indeed, Congressman Conyers wants to "expand" MediCare. I want to overhaul it – and, change USA Health Care (in all aspects) - in dramatic ways.

Very importantly, although I am a Democrat (Still an "Obama Girl" – in fact!) – I believe, that *perhaps*, Mr. Trump, may be able to get a clean BiLL (such as mine is) enacted (for Americans) – where – others – previously – have failed. Consider, President Trump (clearly) has the fortitude that will be required. He does NOT need Big Insurance money. And, he knows what drives business - such as I do. That is, business (in America) runs on "profits". He has lived this – like me. Thus, [he knows] the provision of Health Care services – must never be related or reliant upon "business profits". This is illogical – as a partnership.

Moreover, Mr. Trump probably "instinctively"- "innately" knows this. He will NOT need to be convinced. The Health Insurance Industry is (in fact) a "business" – based purely on risk, profit and actuarial science.

Clearly, Mr. Trump would be remembered (kindly) – in history – as the person that got USA Health CARE done correctly. President Obama was forced to make concessions – to get the first steps implemented. Mr. Trump could build on what President Obama began. And, I will help – as I am able to. Please look to Ohio Senator Sherrod Brown – and, other Democrats – to also be helpful. Mr. Conyers may be helpful – in the House. Although, the Health Insurance lobby is active in all areas of implemented policy – and, law making. Thus, even Democrats may run from my ideas for USA Health CARE law; Insofar as it hurts their political machines. I do not seek to be popular on this – Nor, am I.

All best! Sir - and, thank you for your public service.

Sincerely, Susan CassAdy – Neuhart – an Ohio resident

Dear Susan,

Thank you for contacting me to express your concerns about the future of Medicare. I am grateful to hear from a fellow Ohioan, and I appreciate the opportunity to address your concerns.

https://en.wikipedia.org/wiki/Medicare_(United_States)#Program_history [LINK per Susan]

I am committed to ensuring the delivery of quality health care services under Medicare is not compromised, and I appreciate your input on the funding of this important program.

[Sir, there is a mistake made – by your staff. I never did provide "input on the funding of"… the Medicare program.]

Covering 52 million Americans, Medicare is the nation's federal insurance program that pays for covered health services for most persons 65 years and older and for most permanently disabled individuals under the age of 65 years. Medicare ensures access to quality care for Americans after a lifetime of labor. We must preserve this commitment for future generations.

The typical couple retiring will pay approximately \$140,000 into the Medicare system over their lifetime, yet receive lifetime benefits worth approximately \$430,000 (adjusted for inflation). When applying this deficit to 77 million retiring baby boomers, it becomes clear why Medicare is projected to run a deficit of approximately \$28 trillion over the next 75 years - and why reforms are needed to keep the program solvent and sustainable for our children and grandchildren. I believe smart reforms are needed now to ensure future retirees' access to quality health care.

[Sir, where does the data for your factual statements come from? Please cite the source of your provided statements.]

[THANK YOU FOR ACKNOWLEDGING THAT "REFORMS" ARE NEEDED.]

Any proposal that significantly changes Medicare must be rigorously examined, and its effects on the federal budget, access to care, and out-of-pocket cost for America's seniors carefully measured. We must ensure that seniors retain access to quality and affordable care, while recognizing that the current system is not sustainable and must be reformed.

[Sir, my idea for Health CARE – will not affect "America's seniors" – at all. In fact, A) the "out-of-pocket cost for America's seniors" – would go down dramatically – and, B) the "out-of-pocket cost for" for America's businesses would go down dramatically.]

We must recognize the need to reform Medicare to attain longterm fiscal sustainability and avert the massive tax increases or benefit cuts that would result from further inaction. I will keep your views in mind as I work to strengthen and preserve these programs for future generations.

[Sir, please review my idea again [if needed - link below] - and, I encourage you to ask me questions - directly - if you need to.]

Once again, thank you for taking the time to write. I am honored to represent you and the great state of Ohio in the United States Senate. For more information, please visit my website at www.portman.senate.gov, where you can also sign up for my newsletter. Please keep in touch. Sincerely, Rob Portman - U.S. Senator

http://hansandcassady.org/SusansAmericanHealthACT.html#AHAidea

MEDiCARE Background & History

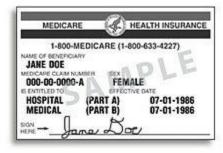
FROM: https://en.wikipedia.org/wiki/Medicare (United States)#Program history

Medicare (United States)

From Wikipedia, the free encyclopedia

Jump to: navigation, search

Not to be confused with Medicaid.



A sample Medicare card.

There are separate lines for basic Part A and Part B's supplementary medical coverage, each with its own date.

There are no lines for Part C or D, for which additional supplemental policies are issued with a separate card.

In the <u>United States</u>, **Medicare** is a <u>single-payer</u>, national <u>social insurance</u> program administered by the <u>U.S. federal government</u> since 1966, currently using about 30–50 <u>private insurance</u> companies across the United States under contract for administration. United States Medicare is funded by a <u>payroll tax</u>, premiums and surtaxes from <u>beneficiaries</u>, and general revenue. It provides <u>health insurance</u> for Americans <u>aged 65 and older</u> who have worked and paid into the system through the payroll tax. It also provides health insurance to younger people with some <u>disability</u> status as determined by the Social Security Administration, as well as people with <u>end stage renal disease</u> and <u>amyotrophic lateral sclerosis</u>.

In 2015, Medicare provided health insurance for over 55 million—46 million people age 65 and older and 9 million younger people. On average, Medicare covers about half of the health care charges for those enrolled. The enrollees must then cover their remaining costs either with supplemental insurance, separate insurance, or out-of-pocket. Out-of-pocket costs can vary depending on the amount of health care a Medicare enrollee needs. They might include the costs of uncovered services—such as for long-term, dental, hearing, and vision care—and supplemental insurance premiums. [3]

Medicare and Medicaid are the two government sponsored medical insurance schemes in the United States. Medicare is further divided into parts A and B - Medicare Part A covers hospital and hospice services; Part B covers outpatient services. Part D covers self-administered prescription drugs. Part C is alternative to the other parts intended to allow experimentation with differently structured plans in an effort to reduce costs to government and allow patients to choose plans with more benefits.^[4]

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Program history[edit]



<u>President Johnson</u> signing the Medicare amendment. Former President <u>Harry S. Truman</u> (seated) and his wife, <u>Bess</u>, are on the far right

"Medicare" was the name originally given to a program providing medical care for families of individuals serving in the military as part of the Dependents' Medical Care Act passed in 1956. President Eisenhower held the first White House Conference on Aging in January 1961, in which the creation of a program of health care for social security beneficiaries was proposed. [6][7] In July 1965, under the leadership of President Lyndon Johnson, Congress enacted Medicare under Title XVIII of the Social Security Act to provide health insurance to people age 65 and older, regardless of income or medical history. [9][10] Johnson signed the bill into law on July 30, 1965 at the Harry S. Truman Presidential Library in Independence, Missouri. Former President Truman and his wife, former First Lady Bess Truman became the first recipients of the program.[11] Before Medicare's creation, approximately 60% of those over 65 had health insurance, with coverage often unavailable or unaffordable to many others, because older adults paid more than three times as much for health insurance as younger people. Many of this latter group (about 20% of the total in 2015) became "dual eligible" for both Medicare and Medicaid with the passage of the law. In 1966, Medicare spurred the racial integration of thousands of waiting rooms, hospital floors, and physician practices by making payments to health care providers conditional on desegregation.[12]

Medicare has been in operation for a half century and, during that time, has undergone several changes. Since 1965, the provisions of Medicare have expanded to include benefits for speech, physical, and chiropractic therapy in 1972. [13] Medicare added the option of payments to health maintenance organizations [13] in the 1980s. Over the years, Congress expanded Medicare eligibility to younger people who have permanent disabilities and receive Social Security Disability Insurance (SSDI) payments and those who have end-stage renal disease (ESRD). The association with HMOs begun in the 1980s was formalized under President Clinton in 1997 as Medicare Part C. In 2003, under President George W. Bush, a Medicare program for covering almost all drugs was passed (and went into effect in 2006) as Medicare Part D.

The government added <u>hospice</u> benefits to aid the elderly on a temporary basis in 1982,^[13] and made this permanent in 1984. Congress further expanded Medicare in 2001 to cover younger people with <u>amyotrophic lateral sclerosis</u> (ALS, or Lou Gehrig's disease).

Administration [edit] The Centers for Medicare and Medicaid Services (CMS), a component of the Department of Health and Human Services (HHS), administers Medicare, Medicaid, the Children's Health Insurance Program (CHIP), the Clinical Laboratory Improvement Amendments (CLIA) and parts of the Affordable Care Act (ACA). Along with the Departments of Labor and Treasury, CMS also implements the insurance reform provisions of the Health Insurance Portability and Accountability Act of 1996 (HIPAA) and most aspects of the Patient Protection and Affordable Care Act (PPACA) of 2010 as amended. The Social Security Administration is responsible for determining Medicare eligibility, eligibility for and payment of Extra Help/Low Income Subsidy payments related to Part D Medicare, and collecting some premium payments for the Medicare program.

The Chief Actuary of CMS is responsible for providing accounting information and cost-projections to the Medicare Board of Trustees to assist them in assessing the financial health of the program. The Board is required by law to issue annual reports on the financial status of the Medicare Trust Funds, and those reports are required to contain a statement of actuarial opinion by the Chief Actuary. [15][16]

Since the beginning of the Medicare program, CMS (that was not always the name of the responsible bureaucracy) has contracted with private insurance companies to operate as intermediaries between the government and medical providers to administer Part A and Part B benefits. Contracted processes include claims and payment processing, call center services, clinician enrollment, and fraud investigation. Beginning in 1997 and 2005 respectively, these and other insurance companies also began administering Part C and Part D plans.

The <u>Specialty Society Relative Value Scale Update Committee</u> (or Relative Value Update Committee; RUC), composed of <u>physicians</u> associated with the <u>American Medical Association</u>, advises the government about pay standards for Medicare patient procedures performed by doctors and other professionals under Medicare Part B.[17] A similar but different CMS system determines the rates paid acute care and other hospitals—including skilled nursing facilities—under Medicare Part A.

Financing[edit]

Medicare has several sources of financing.

Part A's <u>inpatient</u> admitted hospital and skilled nursing coverage is largely funded by revenue from a 2.9% <u>payroll tax</u> levied on employers and workers (each pay 1.45%). Until December 31, 1993, the law provided a maximum amount of compensation on which the Medicare tax could be imposed each year, in the same way that the Social Security tax works in the United States. Beginning January 1, 1994, the compensation limit was removed. Self-employed individuals must pay the entire 2.9% tax on self-employed net earnings (because they are both employee and employer), but may deduct half of the tax from the income in calculating income tax. Beginning in 2013, the rate of Part A tax on earned income exceeding US\$200,000 for individuals (US\$250,000 for married couples filing jointly) rose to 3.8%, in order to pay part of the cost of the subsidies mandated by the <u>PPACA</u>.

Parts B and D are partially funded by premiums paid by Medicare enrollees and general fund revenue. In 2006 a surtax was added to Part B premium for higher-income seniors to partially fund Part D. In the PPACA legislation of 2010, a surtax was added to the Part D premium for higher income seniors to partially fund PPACA and the number of Part B beneficiaries subject to the 2006 surtax was doubled, also partially to fund PPACA.

Parts A and B/D use separate trust funds to receive and disburse the funds mentioned above. Part C uses these two trust funds as well in a proportion determined by CMS that reflect the fact that Part C beneficiaries are fully on Parts A and B of Medicare but that their medical needs are paid for per capita rather than "fee for service" (FFS).

In 2015, Medicare spending accounted for about 15% of total United States Federal spending. This share is projected to exceed 17% by 2020.[21]

Retirement of the <u>Baby Boom</u> generation—which by 2030 is projected to increase enrollment to more than 80 million as the number of workers per enrollee declines from 3.7 to 2.4—and rising overall <u>health care costs</u> pose substantial financial challenges to the program. Medicare spending is projected to increase from \$523 billion in 2010 to just over \$1 trillion by 2022. Baby-boomers' health is also an important factor: 20% have five or more chronic conditions, which will add to the future cost of health care (www.cms.gov, 2012). In response to these financial challenges, Congress made substantial cuts to future payouts to providers as part of PPACA in 2010 and the Medicare Access and CHIP Reauthorization Act of 2015 (MACRA) and policymakers have offered a number of additional competing proposals to reduce Medicare costs further.

Nearly one in three dollars spent on Medicare flows through one of several <u>cost-reduction</u> <u>programs</u>. Cost reduction is influenced by factors including reduction in inappropriate and unnecessary care by <u>evaluating evidence-based practices</u> as well as reducing the amount of unnecessary, duplicative, and inappropriate care. Cost reduction may also be effected by reducing medical errors, investment in <u>healthcare information technology</u>, improving transparency of cost and quality data, increasing <u>administrative efficiency</u>, and by developing both clinical and non-clinical guidelines and quality standards. [23]

Eligibility[edit]

In general, all persons 65 years of age or older who have been legal residents of the United States for at least five years are eligible for Medicare. <u>People with disabilities</u> under 65 may also be eligible if they receive <u>Social Security Disability Insurance</u> (SSDI) benefits. Specific medical conditions may also help people become eligible to enroll in Medicare.

People qualify for Medicare coverage, and Medicare Part A premiums are entirely waived, if the following circumstances apply:

• They are 65 years or older *and* US citizens or have been permanent legal residents for five continuous years, *and* they or their spouse (or qualifying ex-spouse) has paid Medicare taxes for at least 10 years.

or

• They are under 65, disabled, and have been receiving either <u>Social Security</u> SSDI benefits or <u>Railroad Retirement Board</u> disability benefits; they must receive one of these benefits for at least 24 months from date of entitlement (eligibility for first disability payment) before becoming eligible to enroll in Medicare.

or

• They get continuing dialysis for end stage renal disease or need a kidney transplant.

Those who are 65 and older who choose to enroll in Part A Medicare must pay a monthly premium to remain enrolled in Medicare Part A if they or their spouse have not paid the qualifying Medicare payroll taxes.^[24]

People with disabilities who receive SSDI are eligible for Medicare while they continue to receive SSDI payments; they lose eligibility for Medicare based on disability if they stop receiving SSDI. The 24-month exclusion means that people who become disabled must wait two years before receiving government medical insurance, unless they have one of the listed diseases. The 24-month period is measured from the date that an individual is determined to be eligible for SSDI payments, not necessarily when the first payment is actually received. Many new SSDI recipients receive "back" disability pay, covering a period that usually begins six months from the start of disability and ending with the first monthly SSDI payment.

Some beneficiaries are <u>dual-eligible</u>. This means they qualify for both Medicare and <u>Medicaid</u>. In some states for those making below a certain income, Medicaid will pay the beneficiaries' Part B premium for them (most beneficiaries have worked long enough and have no Part A premium), as well as some of their out of pocket medical and hospital expenses.

Benefits and parts[edit]



US Medicare logo (2008)

Medicare has four parts: Part A is Hospital Insurance. Part B is Medical Insurance. Medicare Part D covers many prescription drugs, though some are covered by Part B. In general, the distinction is based on whether or not the drugs are self-administered. Part C health plans, the most popular of which are branded Medicare Advantage, are another way for Original Medicare (Part A and B) beneficiaries to receive their Part A, B and D benefits (basically Part C is a public supplement option that can be compared with group private supplemental Medicare coverage from a former employer or individually purchased private so-called Medigap insurance). All Medicare benefits are subject to medical necessity.

The original program included Parts A and B. Part-C-like plans have existed as demonstration projects in Medicare since the early 1980s but the Part was formalized by 1997 legislation. (Simplistically, Part C is a voucher program similar to the insurance reform included in the Patient Protection and Affordable Care Act of 2010 as amended). Part D was introduced January 1, 2006.

Part A: Hospital/hospice insurance[edit]

Part A covers <u>inpatient hospital</u> stays, including semi-private room, food, and tests. As of January 1, 2016, Medicare Part A has an inpatient hospital deductible of \$1288, coinsurance per day as \$322 after 61 days confinement within one "spell of illness", coinsurance for "lifetime reserve days" (essentially, days 91-150) of \$644 per day, and coinsurance in an Skilled Nursing Family (following a medically necessary hospital confinement) for days 21-100 of \$161 per day. [citation needed]

The maximum length of stay that Medicare Part A covers in a hospital inpatient stay or series of stays is typically 90 days. The first 60 days would be paid by Medicare in full, except one copay (also and more commonly referred to as a "deductible") at the beginning of the 60 days of \$1,288 as of 2016. Days 61–90 require a co-payment of \$322 per day as of 2016. The beneficiary is also allocated "lifetime reserve days" that can be used after 90 days. These lifetime reserve days require a copayment of \$644 per day as of 2016, and the beneficiary can only use a total of 60 of these days throughout their lifetime. A new pool of 90 hospital days, with new copays of \$1288 in 2016 and \$302 per day for days 61–90, starts only after the beneficiary has 60 days continuously with no payment from Medicare for hospital or nursing home confinement.

Some "hospital services" can be done as inpatient services, which would be reimbursed under Part A; or as outpatient services, which would be reimbursed, not under Part A, but under Part B instead. The "Two-Midnight Rule" decides which is which. In August 2013, the Centers for Medicare and Medicaid Services announced a final rule concerning eligibility for hospital inpatient services effective October 1, 2013. Under the new rule, if a physician admits a Medicare beneficiary as an inpatient with an expectation that the patient will require hospital care that "crosses two midnights," Medicare Part A payment is "generally appropriate." However, if it is anticipated that the patient will require hospital care for less than two midnights, Medicare Part A payment is generally not appropriate; payment such as is approved will be paid under Part B.[27] The time a patient spends in the hospital before an inpatient admission is formally ordered is considered outpatient time. But, hospitals and physicians can take into consideration the pre-inpatient admission time when determining if a patient's care will reasonably be expected to cross two midnights to be covered under Part A.[28] In addition to deciding which trust fund is used to pay for these various outpatient vs. inpatient charges, the number of days for which a person is formally considered an admitted patient affects eligibility for Part A skilled nursing services.

Medicare penalizes hospitals for <u>readmissions</u>. After making initial payments for hospital stays, Medicare will take back from the hospital these payments, plus a penalty of 4 to 18 times the initial payment, if an above-average number of patients from the hospital are readmitted within 30 days. These readmission penalties apply after some of the most common treatments:

pneumonia, heart failure, heart attack, COPD, knee replacement, hip replacement. [29][30] A study of 18 states conducted by the Agency for Healthcare Research and Quality (AHRQ) found that 1.8 million Medicare patients aged 65 and older were readmitted within 30 days of an initial hospital stay in 2011; the conditions with the highest readmission rates were congestive heart failure, septicemia, pneumonia, and chronic obstructive pulmonary disease and bronchiectasis. [31]

The highest penalties on hospitals are charged after knee or hip replacements, \$265,000 per excess readmission. The goals are to encourage better post-hospital care and more referrals to hospice and end-of-life care in lieu of treatment, while the effect is also to reduce coverage in hospitals that treat poor and frail patients. The total penalties for above-average readmissions in 2013 are \$280 million, for 7,000 excess readmissions, or \$40,000 for each readmission above the US average rate.

Part A fully covers brief stays for rehabilitation or convalescence in a <u>skilled nursing facility</u> and up to 100 days per medical necessity with a co-pay if certain criteria are met:

- 1. A preceding hospital stay must be at least three days as an inpatient, three midnights, not counting the discharge date.
- 2. The nursing home stay must be for something diagnosed during the hospital stay or for the main cause of hospital stay.
- 3. If the patient is not receiving rehabilitation but has some other ailment that requires skilled nursing supervision then the nursing home stay would be covered.
- 4. The care being rendered by the nursing home must be skilled. Medicare part A does not pay stays that *only* provide custodial, non-skilled, or <u>long-term care</u> activities, including <u>activities of daily living</u> (ADL) such as personal hygiene, cooking, cleaning, etc.
- 5. The care must be medically necessary and progress against some set plan must be made on some schedule determined by a doctor.

The first 20 days would be paid for in full by Medicare with the remaining 80 days requiring a co-payment of \$161 per day as of 2016. Many <u>insurance</u> group retiree, Medigap and Part C insurance plans have a provision for additional coverage of skilled nursing care in the policies they sell. If a beneficiary uses some portion of their Part A benefit and then goes at least 60 days without receiving facility-based skilled services, the 90-day hospital clock and 100-day nursing home clock are reset and the person qualifies for new benefit periods.

Hospice benefits are also provided under Part A of Medicare for terminally ill persons with less than six months to live, as determined by the patient's physician. The terminally ill person must sign a statement that hospice care has been chosen over other Medicare-covered benefits, (e.g. assisted living or hospital care). Treatment provided includes pharmaceutical products for symptom control and pain relief as well as other services not otherwise covered by Medicare such as grief counseling. Hospice is covered 100% with no co-pay or deductible by Medicare Part A except that patients are responsible for a copay for outpatient drugs and respite care, if needed. [40]

Part B: Medical insurance[edit]

Part B medical insurance helps pay for some services and products not covered by Part A, generally on an outpatient basis (but also when on an unadmitted observation status in a hospital). Part B is optional and may be deferred if the beneficiary or his/her spouse is still working *and* has group health coverage through that employer. There is a lifetime penalty (10% per year on the premium) imposed for not enrolling in Part B unless actively working *and* receiving group health coverage from that employer, or covered by programs of the <u>Veterans Health Administration</u>.

Part B coverage begins once a patient meets his or her deductible (\$183 for 2017), then typically Medicare covers 80% of the RUC-set rate for approved services, while the remaining 20% is paid by the patient, [41] either directly or indirectly by private group retiree or Medigap insurance.

Part B coverage includes chiropractic care, out patient physician services, visiting nurse, and other services such as <u>x-rays</u>, laboratory and diagnostic tests, influenza and pneumonia vaccinations, <u>blood transfusions</u>, renal <u>dialysis</u>, <u>outpatient hospital procedures</u>, limited ambulance transportation, <u>immunosuppressive drugs</u> for <u>organ transplant</u> recipients, <u>chemotherapy</u>, hormonal treatments such as <u>Lupron</u>, and other outpatient medical treatments administered in a doctor's office. Medication administration is covered under Part B if it is administered by the physician during an office visit.

Part B also helps with <u>durable medical equipment</u> (DME), including <u>canes</u>, <u>walkers</u>, <u>lift chairs</u>, <u>wheelchairs</u>, and <u>mobility scooters</u> for those with <u>mobility impairments</u>. <u>Prosthetic devices</u> such as <u>artificial limbs</u> and <u>breast prosthesis</u> following <u>mastectomy</u>, as well as one pair of <u>eyeglasses</u> following <u>cataract surgery</u>, and oxygen for home use is also covered. [42]

Complex rules control Part B benefits, and periodically issued advisories describe coverage criteria. On the national level these advisories are issued by CMS, and are known as National Coverage Determinations (NCD). Local Coverage Determinations (LCD) apply within the multistate area managed by a specific regional Medicare Part B contractor, and Local Medical Review Policies (LMRP) were superseded by LCDs in 2003. Coverage information is also located in the CMS Internet-Only Manuals (IOM), the <u>Code of Federal Regulations</u> (CFR), the <u>Social Security Act</u>, and the <u>Federal Register</u>.

The Monthly Premium for Part B for 2016 is \$121.80 per month but anyone on Social Security in 2015 is "held harmless" (from the fact that Social Security did not rise in 2016) and pays only the \$104.90 premium withheld monthly in 2015, with income-weighted additional surtaxes for those with incomes more than \$85,000 per annum. [43]

Part C: Medicare Advantage plans[edit]

Main article: Medicare Advantage

With the passage of the <u>Balanced Budget Act of 1997</u>, Medicare beneficiaries were formally given the option to receive their Original Medicare benefits through <u>capitated health insurance</u> Part C plans, instead of through the Original fee for service Medicare payment system. Many had previously had that option via a series of demonstration projects that dated back to the early

1980s. These Part C plans were initially known as "Medicare+Choice". As of the Medicare Modernization Act of 2003, most "Medicare+Choice" plans were re-branded as "Medicare Advantage" (MA) plans (though MA is a government term and might not be visible to the Part C health plan beneficiary). Other plan types, such as 1876 Cost plans, are also available in limited areas of the country. Cost plans are not Medicare Advantage plans and are not capitated. Instead, beneficiaries keep their Original Medicare benefits while their insurance company administers their Part A and Part B benefits. The insurance company is then reimbursed for Part B services by Medicare.

Public Part C Medicare Advantage and other Part C health plans are required to offer coverage that meets or exceeds the standards set by Original Medicare but they do not have to cover every benefit in the same way. After approval by the Centers for Medicare and Medicaid Services, if a Part C plan chooses to pay less than Original Medicare for some benefits, such as Skilled Nursing Facility care, the savings may be passed along to consumers by offering even lower copayments for doctor visits.

Original "fee-for-service" Medicare Parts A and B have a standard benefit package that covers medically necessary care as described in the sections above that members can receive from nearly any hospital or doctor in the country (if that doctor or hospital accepts Medicare). Original Medicare beneficiaries who choose to enroll in a Part C Medicare Advantage health plan instead give up none of their rights as an Original Medicare beneficiary, receive the same standard benefits—as a minimum—as provided in Original Medicare, and get an annual out of pocket (OOP) upper spending limit not included in Original Medicare. However they must typically use only a select network of providers except in emergencies, typically restricted to the area surrounding their legal residence (which can vary from tens to over 100 miles depending on county). Most Part C plans are traditional health maintenance organizations (HMOs) that require the patient to have a primary care physician, though a few are preferred provider organizations (which typically means the provider restrictions are not as confining as with an HMO).

Public Part C Medicare Advantage health plan members typically usually also pay a monthly premium in addition to the Medicare Part B premium to cover items not covered by traditional Medicare (Parts A & B), such as the OOP limit, prescription drugs, dental care, vision care, annual physicals, coverage outside the United States, and even gym or health club memberships as well as—and probably most importantly—reduce the 20% co-pays and high deductibles associated with Original Medicare. But in some situations the benefits are more limited (but they can never be more limited than Original Medicare and must always include an OOP limit) and there is no premium. In some cases, the insurer even rebates part or all of the Part B premium, though these types of Part C plans are becoming rare.

The 2003-law payment formulas purposely overcompensated some Part C plans by 12 percent or more on average compared to what Original Medicare beneficiaries received in the same county on average, in order to increase the availability of Part C plans in rural and inner-city geographies. Before 2003 Part C plans tended to be suburban HMOs tied to major nearby teaching hospitals that cost the government the same as or even 5% less on average than it cost to cover the medical needs of a comparable beneficiary on Original Medicare.

The 2003 payment formulas succeeded in increasing the percentage of rural and inner city poor that could take advantage of the OOP limit and lower co-pays and deductibles—as well as the coordinated medical care—associated with Part C plans. In practice however, one set of Medicare beneficiaries received more benefits than others. The differences caused by the 2003-law payment formulas were almost completely eliminated by PPACA and have been almost totally phased out according to the 2013 MedPAC annual report, March 2013. One remaining special-payment-formula program—designed primarily for unions wishing to offer a Part C plan—is being phased out beginning in 2017. In 2015, on average a Part C beneficiary cost the Medicare Trust Funds 5% less than a beneficiary on traditional fee for service Medicare, completely reversing the situation in 2006 right after implementation of the 2003 law and restoring the capitated fee vs fee for service funding balance to its original intended level.

Enrollment in public Part C health plans, including Medicare Advantage plans, grew from 5.4 million in 2005 to over 17 million in 2015. This represents almost 32% of Medicare beneficiaries. Almost all Medicare beneficiaries have access to at least two Medicare Advantage plans; most have access to three or more.

Part D: Prescription drug plans[edit]

Main articles: Medicare Part D and Medicare Part D coverage gap

Medicare Part D went into effect on January 1, 2006. Anyone with Part A or B is eligible for Part D, which covers mostly self-administered drugs. It was made possible by the passage of the Medicare Modernization Act of 2003. To receive this benefit, a person with Medicare must enroll in a stand-alone Prescription Drug Plan (PDP) or Medicare Advantage plan with integrated prescription drug coverage (MA-PD). These plans are approved and regulated by the Medicare program, but are actually designed and administered by private health insurance companies and pharmacy benefit managers. Unlike Original Medicare (Part A and B), Part D coverage is not standardized (though it is highly regulated by the Centers for Medicare and Medicaid Services). Plans choose which drugs they wish to cover (but must cover at least two drugs in 148 different categories and cover all or "substantially all" drugs in the following protected classes of drugs: anti-cancer; anti-psychotic; anti-convulsant, anti-depressants, immuno-suppressant, and HIV and AIDS drugs). The plans can also specify with CMS approval at what level (or tier) they wish to cover it, and are encouraged to use step therapy. Some drugs are excluded from coverage altogether and Part D plans that cover excluded drugs are not allowed to pass those costs on to Medicare, and plans are required to repay CMS if they are found to have billed Medicare in these cases.[46]

Under the 2003 law that created Medicare Part D, the Social Security Administration provides extensive extra help to lower income seniors such that they have almost no drug costs; in addition approximately 25 states offer additional assistance on top of Part D. It should be noted again for beneficiaries who are dual-eligible (Medicare and Medicaid eligible) Medicaid may pay for drugs not covered by Part D of Medicare. Most of this aid to lower income seniors was available to them through other programs before Part D was implemented.

Out-of-pocket costs[edit]

No part of Medicare pays for all of a beneficiary's covered medical costs and many costs and services are not covered at all. The program contains <u>premiums</u>, <u>deductibles</u> and coinsurance, which the covered individual must <u>pay out-of-pocket</u>. A study published by the <u>Kaiser Family Foundation</u> in 2008 found the Fee-for-Service Medicare benefit package was less generous than either the typical large employer <u>Preferred provider organization</u> plan or the <u>Federal Employees Health Benefits Program</u> Standard Option. Some people may qualify to have other governmental programs (such as Medicaid) pay premiums and some or all of the costs associated with Medicare.

Premiums[edit]

Most Medicare enrollees do not pay a monthly Part A premium, because they (or a spouse) have had 40 or more 3-month quarters in which they paid Federal Insurance Contributions Act taxes. The benefit is the same no matter how much or how little the beneficiary paid as long as the minimum number of quarters is reached. Medicare-eligible persons who do not have 40 or more quarters of Medicare-covered employment may buy into Part A for an annual adjusted monthly premium of:

- \$248.00 per month (as of 2012)^[48] for those with 30–39 quarters of Medicare-covered employment, or
- \$451.00 per month (as of 2012)^[48] for those with fewer than 30 quarters of Medicare-covered employment and who are not otherwise eligible for premium-free Part A coverage.^[49]

Most Medicare Part B enrollees pay an <u>insurance premium</u> for this coverage; the standard Part B premium for 2013 through 2015 was \$104.90 – \$335.70 per month. The premium increased to over \$120 a month in 2016 but only for those not on Social Security in 2015. A new incomebased premium surtax <u>schema</u> has been in effect since 2007, wherein Part B premiums are higher for beneficiaries with incomes exceeding \$85,000 for individuals or \$170,000 for married couples. Depending on the extent to which beneficiary earnings exceed the base income, these higher Part B premiums are \$139.90, \$199.80, \$259.70, or \$319.70 for 2012, with the highest premium paid by individuals earning more than \$214,000, or married couples earning more than \$428,000. [50]

Medicare Part B premiums are commonly deducted automatically from beneficiaries' monthly Social Security checks. They can also be paid quarterly via bill sent directly to beneficiaries. This alternative is becoming more common because whereas the eligibility age for Medicare has remained at 65 per the 1965 legislation, the so-called Full Retirement Age for Social Security has been increased to 66 and will go even higher over time. Therefore, many people delay collecting Social Security and have to pay their Part B premium directly.

Part C plans may or may not charge premiums (almost all do), depending on the plans' designs as approved by the Centers for Medicare and Medicaid Services. Part D premiums vary widely based on the benefit level.

Deductible and coinsurance[edit]

Part A – For each <u>benefit period</u>, a beneficiary pays an annually adjusted:

- A Part A deductible of \$1,288 in 2016 and \$1,316 in 2017 for a hospital stay of 1–60 days.
- A \$322 per day co-pay in 2016 and **\$329** co-pay in **2017** for days 61–90 of a hospital stay. [51]
- A \$644 per day co-pay in 2016 and **\$658** co-pay in **2017** for days 91–150 of a hospital stay..^[51] as part of their limited Lifetime Reserve Days.
- All costs for each day beyond 150 days^[51]
- Coinsurance for a Skilled Nursing Facility is **\$161** per day in 2016 and **\$164.50** in 2017 for days 21 through 100 for each benefit period (no co-pay for the first 20 days). [51]
- A blood deductible of the first 3 pints of blood needed in a calendar year, unless replaced. There is a 3 pint blood deductible for both Part A and Part B, and these separate deductibles do not overlap.

Part B – After beneficiaries meet the yearly deductible of **\$183.00** for 2017, they will be required to pay a co-insurance of 20% of the Medicare-approved amount for all services covered by Part B with the exception of most lab services, which are covered at 100%—and outpatient mental health, which is currently (2010–2011) covered at 55% (45% copay). The copay for outpatient mental health, which started at 50%, is gradually decreasing over several years until it matches the 20% required for other services. They are also required to pay an excess charge of 15% for services rendered by physicians who do not accept assignment.

The deductibles, co-pays, and coinsurance charges for Part C and D plans vary from plan to plan. All Part C plans include an annual out of pocket (OOP) upper spend limit. Original Medicare does not include an OOP limit.

Medicare supplement (Medigap) policies[edit]

Main article: Medigap

Of the Medicare beneficiaries who are not dual eligible for both Medicare (around 20%) and Medicaid or that do not receive supplemental insurance via a former employer (40%) or a public Part C Medicare Advantage health plan (about 30%), almost all elect to purchase a type of private supplemental insurance coverage, called a Medigap plan (20%), to help fill in the financial holes in Original Medicare (Part A and B). Note that the percentages add up to over 100% because many beneficiaries have more than one type of supplement. These Medigap insurance policies are standardized by CMS, but are sold and administered by private companies. Some Medigap policies sold before 2006 may include coverage for prescription drugs. Medigap policies sold after the introduction of Medicare Part D on January 1, 2006 are prohibited from covering drugs. Medicare regulations prohibit a Medicare beneficiary from being sold both a public Part C Medicare Advantage health plan and a private Medigap Policy. As with public Part C health plans, private Medigap policies are only available to beneficiaries who are already signed up for benefits from Original Medicare Part A and Part B. These policies are regulated by state insurance departments rather than the federal government though CMS outlines what the various Medigap plans must cover at a minimum. Therefore, the types and prices of Medigap

policies vary widely from state to state and the degree of underwriting, open enrollment and guaranteed issue also varies widely from state to state.

As of 2016, 11 policies are currently sold—though few are available in all states, and some are not available at all in Massachusetts, Minnesota and Wisconsin. These are Plan A, Plan B, Plan C, Plan D, Plan F, High Deductible Plan F, Plan G, Plan K, Plan L, Plan M, and Plan N. Cost is usually the only difference between Medigap policies with the same letter sold by different insurance companies. Unlike Medicare Advantage Plans, Medicare Supplement Plans have no networks, and any provider who accepts Medicare must also accept the Medicare Supplement Plan.

All insurance companies that sell Medigap policies are required to make Plan A available, and if they offer any other policies, they must also make either Plan C or Plan F available as well, though Plan F is scheduled to sunset in the year 2020. Anyone who currently has a Plan F may keep it.

Payment for services[edit]

Medicare contracts with regional insurance companies to process over one billion fee-for-service claims per year. In 2008, Medicare accounted for 13% (\$386 billion) of the <u>federal budget</u>. In 2016 it is projected to account for close to 15% (\$683 billion) of the total expenditures. For the decade 2010–2019 Medicare is projected to cost 6.4 trillion dollars. [52]

Reimbursement for Part A services[edit]

For institutional care, such as hospital and nursing home care, Medicare uses <u>prospective</u> <u>payment systems</u>. In a prospective payment system, the health care institution receives a set amount of money for each episode of care provided to a patient, regardless of the actual amount of care. The actual allotment of funds is based on a list of <u>diagnosis-related groups</u> (DRG). The actual amount depends on the primary diagnosis that is actually made at the hospital. There are some issues surrounding Medicare's use of DRGs because if the patient uses less care, the hospital gets to keep the remainder. This, in theory, should balance the costs for the hospital. However, if the patient uses more care, then the hospital has to cover its own losses. This results in the issue of "upcoding," when a physician makes a more severe diagnosis to hedge against accidental costs. [53]

Reimbursement for Part B services[edit]

Payment for physician services under Medicare has evolved since the program was created in 1965. Initially, Medicare compensated physicians based on the physician's charges, and allowed physicians to bill Medicare beneficiaries the amount in excess of Medicare's reimbursement. In 1975, annual increases in physician fees were limited by the Medicare Economic Index (MEI). The MEI was designed to measure changes in costs of physician's time and operating expenses, adjusted for changes in physician productivity. From 1984 to 1991, the yearly change in fees was determined by legislation. This was done because physician fees were rising faster than projected.

The Omnibus Budget Reconciliation Act of 1989 made several changes to physician payments under Medicare. Firstly, it introduced the Medicare Fee Schedule, which took effect in 1992. Secondly, it limited the amount Medicare non-providers could balance bill Medicare beneficiaries. Thirdly, it introduced the Medicare Volume Performance Standards (MVPS) as a way to control costs. [54]

On January 1, 1992, Medicare introduced the Medicare Fee Schedule (MFS), a list of about 7,000 services that can be billed for. Each service is priced within the Resource-Based Relative Value Scale (RBRVS) with three Relative Value Units (RVUs) values largely determining the price. The three RVUs for a procedure are each geographically weighted and the weighted RVU value is multiplied by a global Conversion Factor (CF), yielding a price in dollars. The RVUs themselves are largely decided by a private group of 29 (mostly specialist) physicians—the American Medical Association's Specialty Society Relative Value Scale Update Committee (RUC). [55]

From 1992 to 1997, adjustments to physician payments were adjusted using the MEI and the MVPS, which essentially tried to compensate for the increasing volume of services provided by physicians by decreasing their reimbursement per service.

In 1998, Congress replaced the VPS with the <u>Sustainable Growth Rate</u> (SGR). This was done because of highly variable payment rates under the MVPS. The SGR attempts to control spending by setting yearly and cumulative spending targets. If actual spending for a given year exceeds the spending target for that year, reimbursement rates are adjusted downward by decreasing the Conversion Factor (CF) for RBRVS RVUs.

In 2002, payment rates were cut by 4.8%. In 2003, payment rates were scheduled to be reduced by 4.4%. However, Congress boosted the cumulative SGR target in the Consolidated Appropriation Resolution of 2003 (P.L. 108-7), allowing payments for physician services to rise 1.6%. In 2004 and 2005, payment rates were again scheduled to be reduced. The Medicare Modernization Act (P.L. 108-173) increased payments 1.5% for those two years.

In 2006, the SGR mechanism was scheduled to decrease physician payments by 4.4%. (This number results from a 7% decrease in physician payments times a 2.8% inflation adjustment increase.) Congress overrode this decrease in the Deficit Reduction Act (P.L. 109-362), and held physician payments in 2006 at their 2005 levels. Similarly, another congressional act held 2007 payments at their 2006 levels, and HR 6331 held 2008 physician payments to their 2007 levels, and provided for a 1.1% increase in physician payments in 2009. Without further continuing congressional intervention, the SGR is expected to decrease physician payments from 25% to 35% over the next several years.

MFS has been criticized for not paying doctors enough because of the low conversion factor. By adjustments to the MFS conversion factor, it is possible to make global adjustments in payments to all doctors.^[56]

The SGR was the subject of possible reform legislation again in 2014. On March 14, 2014, the <u>United States House of Representatives</u> passed the <u>SGR Repeal and Medicare Provider Payment</u>

Modernization Act of 2014 (H.R. 4015; 113th Congress), a bill that would have replaced the (SGR) formula with new systems for establishing those payment rates. However, the bill would pay for these changes by delaying the Affordable Care Act's individual mandate requirement, a proposal that was very unpopular with Democrats. The SGR was expected to cause Medicare reimbursement cuts of 24 percent on April 1, 2014, if a solution to reform or delay the SGR was not found. This led to another bill, the Protecting Access to Medicare Act of 2014 (H.R. 4302; 113th Congress), which would delay those cuts until March 2015. This bill was also controversial. The American Medical Association and other medical groups opposed it, asking Congress to provide a permanent solution instead of just another delay.

The SGR process was replaced by new rules as of the passage of MACRA in 2015.

Provider participation[edit]

There are two ways for providers to be reimbursed in Medicare. "Participating" providers accept "assignment," which means that they accept Medicare's approved rate for their services as payment (typically 80% from Medicare and 20% from the beneficiary). Some non participating doctors do not take assignment, but they also treat Medicare enrollees and are authorized to balance bill no more than a small fixed amount above Medicare's approved rate. A minority of doctors are "private contractors," which means they opt out of Medicare and refuse to accept Medicare payments altogether. These doctors are required to inform patients that they will be liable for the full cost of their services out-of-pocket in advance of treatment. [61]

While the majority of providers accept Medicare assignments, (97 percent for some specialties), [62] and most physicians still accept at least some new Medicare patients, that number is in decline. [63] While 80% of physicians in the Texas Medical Association accepted new Medicare patients in 2000, only 60% were doing so by 2012. [64] A study published in 2012 concluded that the Centers for Medicare and Medicaid Services (CMS) relies on the recommendations of an American Medical Association advisory panel. The study led by Dr. Miriam J. Laugesen, of Columbia Mailman School of Public Health, and colleagues at UCLA and the University of Illinois, shows that for services provided between 1994 and 2010, CMS agreed with 87.4% of the recommendations of the committee, known as RUC or the Relative Value Update Committee. [65]

Office medication reimbursement[edit]

Chemotherapy and other medications dispensed in a physician's office are reimbursed according to the Average Sales Price, [66] a number computed by taking the total dollar sales of a drug as the numerator and the number of units sold nationwide as the denominator. [67] The current reimbursement formula is known as "ASP+6" since it reimburses physicians at 106% of the ASP of drugs. Pharmaceutical company discounts and rebates are included in the calculation of ASP, and tend to reduce it. In addition, Medicare pays 80% of ASP+6, which is the equivalent of 84.8% of the actual average cost of the drug. Some patients have supplemental insurance or can afford the co-pay. Large numbers do not. This leaves the payment to physicians for most of the drugs in an "underwater" state. ASP+6 superseded Average Wholesale Price in 2005, [68] after a

2003 front-page New York Times article drew attention to the inaccuracies of Average Wholesale Price calculations. [69]

This procedure is scheduled to change dramatically in 2017 under a CMS proposal that will likely be finalized in October 2016.

Medicare 10 percent incentive payments[edit]

"Physicians in geographic Health Professional Shortage Areas (HPSAs) and Physician Scarcity Areas (PSAs) can receive incentive payments from Medicare. Payments are made on a quarterly basis, rather than claim-by-claim, and are handled by each area's Medicare carrier."[70][71]

Enrollment

Generally, if you already receive Social Security payments, at age 65 you are automatically enrolled in Medicare Part A (Hospital Insurance). In addition, you are generally also automatically enrolled in Medicare Part B (Medical Insurance). If you choose to accept Part B you must pay a monthly premium to keep it. However, you may delay enrollment with no penalty under some circumstances, or with penalty under other circumstances.

Part A & B

Part A Late Enrollment Penalty If you are not eligible for premium-free Part A, and you don't buy a premium-based Part A when you're first eligible, your monthly premium may go up 10%. You must pay the higher premium for twice the number of years you could have had Part A, but didn't sign-up. For example, if you were eligible for Part A for 2 years but didn't sign-up, you must pay the higher premium for 4 years. Usually, you don't have to pay a penalty if you meet certain conditions that allow you to sign up for Part A during a Special Enrollment Period.

Part B Late Enrollment Penalty If you don't sign up for Part B when you're first eligible, you may have to pay a late enrollment penalty for as long as you have Medicare. Your monthly premium for Part B may go up 10% for each full 12-month period that you could have had Part B, but didn't sign up for it. Usually, you don't pay a late enrollment penalty if you meet certain conditions that allow you to sign up for Part B during a special enrollment period.

[72

Comparison with private insurance[edit]

Medicare differs from private insurance available to working Americans in that it is a social insurance program. Social insurance programs provide statutorily guaranteed benefits to the entire population (under certain circumstances, such as old age or unemployment). These benefits are financed in significant part through universal taxes. In effect, Medicare is a mechanism by which the state takes a portion of its citizens' resources to guarantee health and financial security to its citizens in old age or in case of disability, helping them cope with the enormous, unpredictable cost of health care. In its universality, Medicare differs substantially

from private insurers, which must decide whom to cover and what benefits to offer to manage their risk pools and guarantee their costs don't exceed premiums. [citation needed]

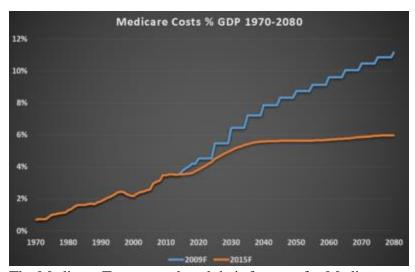
Because the federal government is legally obligated to provide Medicare benefits to older and disabled Americans, it cannot cut costs by restricting eligibility or benefits, except by going through a difficult legislative process, or by revising its interpretation of medical necessity. By statute, Medicare may only pay for items and services that are "reasonable and necessary for the diagnosis or treatment of illness or injury or to improve the functioning of a malformed body member", unless there is another statutory authorization for payment. Cutting costs by cutting benefits is difficult, but the program can also achieve substantial economies of scale in terms of the prices it pays for health care and administrative expenses—and, as a result, private insurers' costs have grown almost 60% more than Medicare's since 1970. Citation needed [Criginal research? [74] Medicare's cost growth is now the same as GDP growth and expected to stay well below private insurance's for the next decade.

Because Medicare offers statutorily determined benefits, its coverage policies and payment rates are publicly known, and all enrollees are entitled to the same coverage. In the private insurance market, plans can be tailored to offer different benefits to different customers, enabling individuals to reduce coverage costs while assuming risks for care that is not covered. Insurers, however, have far fewer disclosure requirements than Medicare, and studies show that customers in the private sector can find it difficult to know what their policy covers. [76] and at what cost. [77] Moreover, since Medicare collects data about utilization and costs for its enrollees—data that private insurers treat as trade secrets—it gives researchers key information about health care system performance.

Medicare also has an important role driving changes in the entire health care system. Because Medicare pays for a huge share of health care in every region of the country, it has a great deal of power to set delivery and payment policies. For example, Medicare promoted the adaptation of prospective payments based on DRG's, which prevents unscrupulous providers from setting their own exorbitant prices. [78] Meanwhile, the Patient Protection and Affordable Care Act has given Medicare the mandate to promote cost-containment throughout the health care system, for example, by promoting the creation of accountable care organizations or by replacing fee-for-service payments with bundled payments. [79]

Costs and funding challenges[edit]

Medicare and Medicaid Spending as % GDP (2013)



The Medicare Trustees reduced their forecast for Medicare costs as % GDP, mainly due to a lower rate of healthcare cost increases.

Over the long-term, Medicare faces significant financial challenges because of rising overall health care costs, increasing enrollment as the population ages, and a decreasing ratio of workers to enrollees. Total Medicare spending is projected to increase from \$523 billion in 2010 to around \$900 billion by 2020. From 2010 to 2030, Medicare enrollment is projected to increase from 47 million to 79 million, and the ratio of workers to enrollees is expected to decrease from 3.7 to 2.4. [80] However, the ratio of workers to retirees has declined steadily for decades, and social insurance systems have remained sustainable due to rising worker productivity. There is some evidence that productivity gains will continue to offset demographic trends in the near future. [81]

The <u>Congressional Budget Office</u> (CBO) wrote in 2008 that "future growth in spending per beneficiary for Medicare and Medicaid—the federal government's major health care programs—will be the most important determinant of long-term trends in federal spending. Changing those programs in ways that reduce the growth of costs—which will be difficult, in part because of the complexity of health policy choices—is ultimately the nation's central long-term challenge in setting federal fiscal policy."[82]

Overall health care costs were projected in 2011 to increase by 5.8 percent annually from 2010 to 2020, in part because of increased utilization of medical services, higher prices for services, and new technologies. Health care costs are rising across the board, but the cost of insurance has risen dramatically for families and employers as well as the federal government. In fact, since 1970 the per-capita cost of private coverage has grown roughly one percentage point faster each year than the per-capita cost of Medicare. Since the late 1990s, Medicare has performed especially well relative to private insurers. Over the next decade, Medicare's per capita spending is projected to grow at a rate of 2.5 percent each year, compared to private insurance's 4.8 percent. Nonetheless, most experts and policymakers agree containing health care costs is essential to the nation's fiscal outlook. Much of the debate over the future of Medicare revolves around whether per capita costs should be reduced by limiting payments to providers or by shifting more costs to Medicare enrollees.

Indicators[edit]

Several measures serve as indicators of the long-term financial status of Medicare. These include total Medicare spending as a share of gross domestic product (GDP), the solvency of the Medicare HI trust fund, Medicare per-capita spending growth relative to inflation and per-capita GDP growth; general fund revenue as a share of total Medicare spending; and actuarial estimates of unfunded liability over the 75-year timeframe and the infinite horizon (netting expected premium/tax revenue against expected costs). The major issue in all these indicators is comparing any future projections against current law vs. what the actuaries expect to happen. For example, current law specifies that Part A payments to hospitals and skilled nursing facilities will be cut substantially after 2028 and that doctors will get no raises after 2025. The actuaries expect that the law will change to keep these events from happening.

Total Medicare spending as a share of GDP[edit]

This measure, which examines Medicare spending in the context of the US economy as a whole, is expected to increase from 3.6 percent in 2010 to 6.2 percent by 2090^[85] under current law and over 9 percent under what the actuaries really expect will happen (called an "illustrative example" in recent-year Trustees Reports).

The solvency of the Medicare HI trust fund[edit]

This measure involves only Part A. The trust fund is considered insolvent when available revenue plus any existing balances will not cover 100 percent of annual projected costs. According to the latest estimate by the Medicare trustees (2016), the trust fund is expected to become insolvent in 11 years (2028), at which time available revenue will cover 87 percent of annual projected costs. Since Medicare began, this solvency projection has ranged from two to 28 years, with an average of 11.3 years.

Medicare per-capita spending growth relative to inflation and per-capita GDP growth[edit]

The <u>Independent Payment Advisory Board</u> (IPAB), which the <u>Affordable Care Act</u> or "ACA" created, will use this measure to determine whether it must recommend to Congress proposals to reduce Medicare costs. Under the ACA, Congress established maximum targets, or thresholds, for per-capita Medicare spending growth. For the five-year periods ending in 2015 through 2019, these targets are based on the average of <u>CPI-U</u> and CPI-M. For the five-year periods ending in 2020 and subsequent years, these targets are based on per-capita GDP growth plus one percentage point. Each year, the CMS Office of the Actuary must compare those two values, and if the spending measure is larger than the economic measure, IPAB must propose cost-savings recommendations for consideration in Congress on an expedited basis. The Congressional Budget Office projects that Medicare per-capita spending growth will not exceed the economic target at any time between 2015 and 2021.

Through 2016, these trigger points have never been reached and IPAB has not even been formed. However, in the 2016 Medicare Trustees Report, the actuaries estimate that the trigger points

will be reached in 2016 or 2017 and that IPAB will affect Medicare spending for the first time in 2019 (meaning it will need to be formed and recommend its cuts in 2017).

General fund revenue as a share of total Medicare spending[edit]

This measure, established under the Medicare Modernization Act (MMA), examines Medicare spending in the context of the federal budget. Each year, MMA requires the Medicare trustees to make a determination about whether general fund revenue is projected to exceed 45 percent of total program spending within a seven-year period. If the Medicare trustees make this determination in two consecutive years, a "funding warning" is issued. In response, the president must submit cost-saving legislation to Congress, which must consider this legislation on an expedited basis. This threshold was reached and a warning issued every year between 2006 and 2013 but it has not been reached since that time and is not expected to be reached in the 2016-2022 "window." This is a reflection of the reduced spending growth mandated by the ACA according to the Trustees.

Unfunded obligation[edit]

Medicare's unfunded obligation is the total amount of money that would have to be set aside today such that the principal and interest would cover the gap between projected revenues (mostly Part B premiums and Part A payroll taxes to be paid over the timeframe under current law) and spending over a given timeframe. By law the timeframe used is 75 years though the Medicare actuaries also give an infinite-horizon estimate because life expectancy consistently increases and other economic factors underlying the estimates change.

As of January 1, 2016, Medicare's unfunded obligation over the 75 year timeframe is \$3.8 trillion for the Part A Trust Fund and \$28.6 trillion for Part B. Over an infinite timeframe the combined unfunded liability for both programs combined is over \$50 trillion, with the difference primarily in the Part B estimate. These estimates assume that CMS will pay full benefits as currently specified over those periods though that would be contrary to current United States law. In addition, as discussed throughout each annual Trustees' report, "the Medicare projections shown could be substantially understated as a result of other potentially unsustainable elements of current law." For example, current law effectively provides no raises for doctors after 2025; that is unlikely to happen. It is impossible for actuaries to estimate unfunded liability other than assuming current law is followed (except relative to benefits as noted), the Trustees state "that actual long-range present values for (Part A) expenditures and (Part B/D) expenditures and revenues could exceed the amounts estimated by a substantial margin."

Public opinion[edit]

Popular opinion surveys show that the public views Medicare's problems as serious, but not as urgent as other concerns. In January 2006, the <u>Pew Research Center</u> found 62 percent of the public said addressing Medicare's financial problems should be a high priority for the government, but that still put it behind other priorities. Surveys suggest that there's no public consensus behind any specific strategy to keep the program solvent.

Fraud and waste[edit]

Main article: Medicare fraud

The <u>Government Accountability Office</u> lists Medicare as a "high-risk" government program in need of reform, in part because of its vulnerability to fraud and partly because of its long-term financial problems. [93][94][95] Fewer than 5% of Medicare claims are audited. [96]

Criticism[edit]

Unearned entitlement[edit]

<u>Yaron Brook</u> of the <u>Ayn Rand Institute</u> has argued that the birth of Medicare represented a shift away from personal responsibility and towards a view that health care is an unearned "entitlement" to be provided at others' expense. [97]

Robert M. Ball, a former commissioner of Social Security under President Kennedy in 1961 (and later under Johnson, and Nixon) defined the major obstacle to financing health insurance for the elderly: the high cost of care for the aged combined with the generally low incomes of retired people. Because retired older people use much more medical care than younger employed people, an insurance premium related to the risk for older people needed to be high, but if the high premium had to be paid after retirement, when incomes are low, it was an almost impossible burden for the average person. The only feasible approach, he said, was to finance health insurance in the same way as cash benefits for retirement, by contributions paid while at work, when the payments are least burdensome, with the protection furnished in retirement without further payment. [98] In the early 1960s relatively few of the elderly had health insurance, and what they had was usually inadequate. Insurers such as <u>Blue Cross</u>, which had originally applied the principle of <u>community rating</u>, faced competition from other commercial insurers that did not community rate, and so were forced to raise their rates for the elderly. [99]

Medicare is not generally an unearned entitlement. Entitlement is most commonly based on a record of contributions to the Medicare fund. As such it is a form of <u>social insurance</u> making it feasible for people to pay for insurance for sickness in old age when they are young and able to work and be assured of getting back benefits when they are older and no longer working. Some people will pay in more than they receive back and others will receive more benefits than they paid in. Unlike private insurance where some amount must be paid to attain coverage, all eligible persons can receive coverage regardless of how much or if they had ever paid in.

Politicized payment[edit]

Bruce Vladeck, director of the <u>Health Care Financing Administration</u> in the <u>Clinton</u> administration, has argued that lobbyists have changed the Medicare program "from one that provides a legal entitlement to beneficiaries to one that provides a de facto political entitlement to providers."

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Quality of beneficiary services[edit]

A 2001 study by the Government Accountability Office evaluated the quality of responses given by Medicare contractor customer service representatives to provider (physician) questions. The evaluators assembled a list of questions, which they asked during a random sampling of calls to Medicare contractors. The rate of complete, accurate information provided by Medicare customer service representatives was 15%. [101] Since then, steps have been taken to improve the quality of customer service given by Medicare contractors, specifically the 1-800-MEDICARE contractor. As a result, 1-800-MEDICARE customer service representatives (CSR) have seen an increase in training, quality assurance monitoring has significantly increased, and a customer satisfaction survey is offered to random callers.

Hospital accreditation[edit]

In most states the <u>Joint Commission</u>, a private, <u>non-profit organization</u> for accrediting hospitals, decides whether or not a hospital is able to participate in Medicare, as currently there are no competitor organizations recognized by CMS.

Other organizations can also accredit hospitals for Medicare. Community Health Accreditation Program, the Accreditation Commission for Health Care, the Compliance Team and the Healthcare Quality Association on Accreditation.

Accreditation is voluntary and an organization may choose to be evaluated by their State Survey Agency or by CMS directly.[102]

Graduate medical education[edit]

Medicare funds the vast majority of <u>residency</u> training in the US. This tax-based financing covers resident salaries and benefits through payments called Direct Medical Education payments. Medicare also uses taxes for Indirect Medical Education, a subsidy paid to <u>teaching hospitals</u> in exchange for training resident physicians. For the 2008 fiscal year these payments were \$2.7 and \$5.7 billion respectively. Overall funding levels have remained at the same level over the last 10 years, so that the same number or fewer residents have been trained under this program. Meanwhile, the US population continues to grow older, which has led to greater demand for physicians. At the same time the cost of medical services continue rising rapidly and many geographic areas face physician shortages, both trends suggesting the supply of physicians remains too low. Hospitals

Medicare finds itself in the odd position of having assumed control of graduate medical education, currently facing major budget constraints, and as a result, freezing funding for graduate medical education, as well as for physician reimbursement rates. This halt in funding in turn exacerbates the exact problem Medicare sought to solve in the first place: improving the availability of medical care. However, some healthcare administration experts believe that the shortage of physicians may be an opportunity for providers to reorganize their delivery systems to become less costly and more efficient. Physicians' assistants and Advanced Registered Nurse

Practitioners may begin assuming more responsibilities that traditionally fell to doctors, but do not necessarily require the advanced training and skill of a physician. [107]

Of the 35,476 total active applicants who participated in The National Resident Matching Program in 2016, 75.6% (26,836) were able to find <u>PGY-1</u> (<u>R-1</u>) matches. Out of the total active applicants, 51.27% (18,187) were graduates of conventional US medical schools; 93.8% (17,057) were able to find a match. In comparison, match rates were 80.3% of osteopathic graduates, 53.9% of US citizen international medical school graduates, and 50.5% of non-US citizen international medical schools graduates.

Legislation and reform[edit]

- 43
- **This section needs expansion** with: with separate more detailed descriptions of legislation and reforms. You can help by <u>adding to it</u>. (*January 2012*)
- 1960 PL 86-778 Social Security Amendments of 1960 (Kerr-Mills aid)
- 1965 PL 89-97 Social Security Act of 1965, Establishing Medicare Benefits[109]
- 1980 Medicare Secondary Payer Act of 1980, prescription drugs coverage added
- 1988 PL 100-360 Medicare Catastrophic Coverage Act of 1988[110][111]
- 1989 Medicare Catastrophic Coverage Repeal Act of 1989[110][111]
- 1997 PL 105-33 Balanced Budget Act of 1997
- 2003 PL 108-173 Medicare Prescription Drug, Improvement, and Modernization Act
- 2010 <u>Patient Protection and Affordable Care Act</u> and <u>Health Care and Education</u> Reconciliation Act of 2010
- 2013 Sequestration effects on Medicare due to Budget Control Act of 2011
- 2015 Extensive changes to Medicare, primarily to the SGR provisions of the Balanced Budget Act of 1997 as part of the Medicare Access and CHIP Reauthorization Act (MACRA)
- 2016 Changes to the Social Security "hold harmless" laws as they affect Part B premiums based on the Bipartisan Budget Act of 2015

In 1977, the <u>Health Care Financing Administration</u> (HCFA) was established as a federal agency responsible for the administration of Medicare and Medicaid. This would be renamed to <u>Centers for Medicare and Medicaid Services</u> (CMS) in 2001. By 1983, the <u>diagnosis-related group</u> (DRG) replaced pay for service reimbursements to hospitals for Medicare patients.

President <u>Bill Clinton</u> attempted an overhaul of Medicare through his <u>health care reform plan</u> in 1993–1994 but was unable to get the legislation passed by Congress.

In 2003 <u>Congress</u> passed the <u>Medicare Prescription Drug, Improvement, and Modernization Act</u>, which President <u>George W. Bush</u> signed into law on December 8, 2003. Part of this legislation included filling gaps in prescription-drug coverage left by the Medicare Secondary Payer Act that was enacted in 1980. The 2003 bill strengthened the Workers' Compensation Medicare Set-Aside Program (WCMSA) that is monitored and administered by CMS.

On August 1, 2007, the US House <u>United States Congress</u> voted to reduce payments to Medicare Advantage providers in order to pay for expanded coverage of children's health under the <u>SCHIP</u> program. As of 2008, Medicare Advantage plans cost, on average, 13 percent more per person insured for like beneficiaries than direct payment plans. Many health economists have concluded that payments to Medicare Advantage providers have been excessive. The Senate, after heavy lobbying from the insurance industry, declined to agree to the cuts in Medicare Advantage proposed by the House. President Bush subsequently vetoed the SCHIP extension. [113]

Effects of the Patient Protection and Affordable Care Act[edit]

The <u>Patient Protection and Affordable Care Act</u> ("PPACA") of 2010 made a number of changes to the Medicare program. Several provisions of the law were designed to reduce the cost of Medicare. The most substantial provisions slowed the growth rate of payments to hospitals and skilled nursing facilities under Parts A of Medicare, through a variety of methods (e.g., arbitrary percentage cuts, penalties for readmissions).

Congress also attempted to reduce payments to public Part C Medicare health plans by aligning the rules that establish Part C plans' capitated fees more closely with the FFS paid for comparable care to "similar beneficiaries" under Parts A and B of Medicare. Primarily these reductions involved much discretion on the part of CMS and examples of what CMS did included effectively ending a Part C program Congress had previously initiated to increase the use of Part C in rural areas (the so-called Part C PFFS plan) and reducing over time a program that encouraged employers and unions to create their own Part C plans not available to the general Medicare beneficiary base (so-called Part C EGWP plans) by providing higher reimbursement. These two types of Part C plans had been identified by MedPAC as the programs that most negatively affected parity between the cost of Medicare beneficiaries on Parts A/B/C and the costs of beneficiaries not on Parts A/B/C. These efforts to reach parity have been more than successful. As of 2015, all beneficiaries on A/B/C cost 4% less per person than all beneficiaries not on A/B/C. But whether that is because the cost of the former decreased or the cost of the latter increased is not known.

PPACA also slightly reduced annual increases in payments to physicians and to hospitals that serve a disproportionate share of low-income patients. Along with other minor adjustments, these changes reduced Medicare's projected cost over the next decade by \$455 billion. [114]

Additionally, the PPACA created the <u>Independent Payment Advisory Board</u> ("IPAB"), which is empowered to submit legislative proposals to reduce the cost of Medicare if the program's percapita spending grows faster than per-capita GDP plus one percent. While the IPAB would be barred from rationing care, raising revenue, changing benefits or eligibility, increasing cost sharing, or cutting payments to hospitals, its creation has been one of the more controversial aspects of health reform. In 2016, the Medicare Trustees projected that the IPAB will have to convene in 2017 and make cuts effective in 2019.

The PPACA also made some changes to Medicare enrollee's' benefits. By 2020, it will close the so-called "donut hole" between Part D plans' coverage limits and the catastrophic cap on out-of-pocket spending, reducing a Part D enrollee's' exposure to the cost of prescription drugs by an

average of \$2,000 a year. This lowered costs for about 5% of the people on Medicare. Limits were also placed on out-of-pocket costs for in-network care for public Part C health plan enrollees. Most of these plans had such a limit but ACA formalized the annual out of pocket spend limit. Beneficiaries on traditional Medicare do not get such a limit but can effectively arrange for one through private insurance.

Meanwhile, Medicare Part B and D premiums were restructured in ways that reduced costs for most people while raising contributions from the wealthiest people with Medicare. The law also expanded coverage of or eliminated co-pays for some preventive services.

The PPACA instituted a number of measures to control Medicare fraud and abuse, such as longer oversight periods, provider screenings, stronger standards for certain providers, the creation of databases to share data between federal and state agencies, and stiffer penalties for violators. The law also created mechanisms, such as the Center for Medicare and Medicaid Innovation to fund experiments to identify new payment and delivery models that could conceivably be expanded to reduce the cost of health care while improving quality.^[88]

Proposals for reforming Medicare[edit]

As legislators continue to seek new ways to control the cost of Medicare, a number of new proposals to reform Medicare have been introduced in recent years.

Premium support

Since the mid-1990s, there have been a number of proposals to change Medicare from a publicly run social insurance program with a defined benefit, for which there is no limit to the government's expenses, into a program that offers "premium support" for enrollees. [120][121] The basic concept behind the proposals is that the government would make a defined contribution, that is a premium support, to the health plan of a Medicare enrollee's choice. Insurers would compete to provide Medicare benefits and this competition would set the level of fixed contribution. Additionally, enrollees would be able to purchase greater coverage by paying more in addition to the fixed government contribution. Conversely, enrollees could choose lower cost coverage and keep the difference between their coverage costs and the fixed government contribution. [122][123] The goal of premium Medicare plans is for greater cost-effectiveness; if such a proposal worked as planned, the financial incentive would be greatest for Medicare plans that offer the best care at the lowest cost.

There have been a number of criticisms of the premium support model. Some have raised concern about risk selection, where insurers find ways to avoid covering people expected to have high health care costs. [124] Premium support proposals, such as the 2011 plan proposed by Rep. Paul Ryan (R—Wis.), have aimed to avoid risk selection by including protection language mandating that plans participating in such coverage must provide insurance to all beneficiaries and are not able to avoid covering higher risk beneficiaries. [125] Some critics are concerned that the Medicare population, which has particularly high rates of cognitive impairment and dementia, would have a hard time choosing between competing health plans. [126] Robert Moffit, a senior fellow of The Heritage Foundation responded to this concern, stating that while there may

be research indicating that individuals have difficulty making the correct choice of health care plan, there is no evidence to show that government officials can make better choices. Henry Aaron, one of the original proponents of premium supports, has recently argued that the idea should not be implemented, given that Medicare Advantage plans have not successfully contained costs more effectively than traditional Medicare and because the political climate is hostile to the kinds of regulations that would be needed to make the idea workable.

Two distinct premium support systems have recently been proposed in Congress to control the cost of Medicare. The House Republicans' 2012 budget would have abolished traditional Medicare and required the eligible population to purchase private insurance with a newly created premium support program. This plan would have cut the cost of Medicare by capping the value of the voucher and tying its growth to inflation, which is expected to be lower than rising health costs, saving roughly \$155 billion over 10 years. Paul Ryan, the plan's author, claimed that competition would drive down costs, but the Congressional Budget Office (CBO) found that the plan would dramatically raise the cost of health care, with all of the additional costs falling on enrollees. The CBO found that under the plan, typical 65-year-olds would go from paying 35 percent of their health care costs to paying 68 percent by 2030.

In December 2011, Ryan and Sen. Ron Wyden (D—Oreg.) jointly proposed a new premium support system. Unlike Ryan's original plan, this new system would maintain traditional Medicare as an option, and the premium support would not be tied to inflation. [130] The spending targets in the Ryan-Wyden plan are the same as the targets included in the Affordable Care Act; it is unclear whether the plan would reduce Medicare expenditure relative to current law. [131]

Raising the age of eligibility

A number of different plans have been introduced that would raise the age of Medicare eligibility. [128][133][134] Some have argued that, as the population ages and the ratio of workers to retirees increases, programs for the elderly need to be reduced. Since the age at which Americans can retire with full Social Security benefits is rising to 67, it is argued that the age of eligibility for Medicare should rise with it (though people can begin receiving reduced Social Security benefits as early as age 62).

The CBO projected that raising the age of Medicare eligibility would save \$113 billion over 10 years after accounting for the necessary expansion of Medicaid and state health insurance exchange subsidies under health care reform, which are needed to help those who could not afford insurance purchase it. [135] The Kaiser Family Foundation found that raising the age of eligibility would save the federal government \$5.7 billion a year, while raising costs for other payers. According to Kaiser, raising the age would cost \$3.7 billion to 65- and 66-year-olds, \$2.8 billion to other consumers whose premiums would rise as insurance pools absorbed more risk, \$4.5 billion to employers offering insurance, and \$0.7 billion to states expanding their Medicaid rolls. Ultimately Kaiser found that the plan would raise total social costs by more than twice the savings to the federal government. [136]

Negotiating the prices of prescription drugs

Currently, people with Medicare can get prescription drug coverage through a Medicare Advantage plan or through the standalone private prescription drug plans (PDPs) established under Medicare Part D. Each plan established its own coverage policies and independently negotiates the prices it pays to drug manufacturers. But because each plan has a much smaller coverage pool than the entire Medicare program, many argue that this system of paying for prescription drugs undermines the government's bargaining power and artificially raises the cost of drug coverage.

Many look to the <u>Veterans Health Administration</u> as a model of lower cost prescription drug coverage. Since the VHA provides healthcare directly, it maintains its own formulary and negotiates prices with manufacturers. Studies show that the VHA pays dramatically less for drugs than the PDP plans Medicare Part D subsidizes. One analysis found that adopting a formulary similar to the VHA's would save Medicare \$14 billion a year (over 10 years the savings would be around \$140 billion).

There are other proposals for savings on prescription drugs that do not require such fundamental changes to Medicare Part D's payment and coverage policies. Manufacturers who supply drugs to Medicaid are required to offer a 15 percent rebate on the average manufacturer's price. Lowincome elderly individuals who qualify for both Medicare and Medicaid receive drug coverage through Medicare Part D, and no reimbursement is paid for the drugs the government purchases for them. Reinstating that rebate would yield savings of \$112 billion, according to a recent CBO estimate. [140]

Some have questioned the ability of the federal government to achieve greater savings than the largest PDPs, since some of the larger plans have coverage pools comparable to Medicare's, though the evidence from the VHA is promising. Some also worry that controlling the prices of prescription drugs would reduce incentives for manufacturers to invest in R&D, though the same could be said of anything that would reduce costs.[138]

Reforming care for the "dual-eligibles"

Roughly nine million Americans—mostly older adults with low incomes—are eligible for both Medicare and Medicaid. These men and women tend to have particularly poor health – more than half are being treated for five or more chronic conditions[141]—and high costs. Average annual per-capita spending for "dual-eligibles" is \$20,000,[142] compared to \$10,900 for the Medicare population as a whole all enrollees.[143]

The dual-eligible population comprises roughly 20 percent of Medicare's enrollees but accounts for 36 percent of its costs. [144] There is substantial evidence that these individuals receive highly inefficient care because responsibility for their care is split between the Medicare and Medicaid programs [145] —most see a number of different providers without any kind of mechanism to coordinate their care, and they face high rates of potentially preventable hospitalizations. [146] Because Medicaid and Medicare cover different aspects of health care, both have a financial incentive to shunt patients into care the other program pays for.

Many experts have suggested that establishing mechanisms to coordinate care for the dualeligibles could yield substantial savings in the Medicare program, mostly by reducing hospitalizations. Such programs would connect patients with primary care, create an individualized health plan, assist enrollees in receiving social and human services as well as medical care, reconcile medications prescribed by different doctors to ensure they do not undermine one another, and oversee behavior to improve health.^[147] The general ethos of these proposals is to "treat the patient, not the condition,"^[141] and maintain health while avoiding costly treatments.

There is some controversy over who exactly should take responsibility for coordinating the care of the dual eligibles. There have been some proposals to transfer dual eligibles into existing Medicaid managed care plans, which are controlled by individual states. [148] But many states facing severe budget shortfalls might have some incentive to stint on necessary care or otherwise shift costs to enrollees and their families to capture some Medicaid savings. Medicare has more experience managing the care of older adults, and is already expanding coordinated care programs under the ACA, [149] though there are some questions about private Medicare plans' capacity to manage care and achieve meaningful cost savings. [150]

Estimated savings from more effective coordinated care for the dual eligibles range from \$125 billion^[141] to over \$200 billion,^[151] mostly by eliminating unnecessary, expensive hospital admissions.

Income-relating Medicare premiums

Both House Republicans and President Obama proposed increasing the additional premiums paid by the wealthiest people with Medicare, compounding several reforms in the ACA that would increase the number of wealthier individuals paying higher, income-related Part B and Part D premiums. Such proposals are projected to save \$20 billion over the course of a decade, ^[152] and would ultimately result in more than a quarter of Medicare enrollees paying between 35 and 90 percent of their Part B costs by 2035, rather than the typical 25 percent. If the brackets mandated for 2035 were implemented today, [when?] it would mean that anyone earning more than \$47,000 (as an individual) or \$94,000 (as a couple) would be affected. Under the Republican proposals, affected individuals would pay 40 percent of the total Part B and Part D premiums, which would be equivalent of \$2,500 today. ^[153]

More limited income-relation of premiums only raises limited revenue. Currently, only 5 percent of Medicare enrollees pay an income-related premium, and most only pay 35 percent of their total premium, compared to the 25 percent most people pay. Only a negligible number of enrollees fall into the higher income brackets required to bear a more substantial share of their costs—roughly half a percent of individuals and less than three percent of married couples currently pay more than 35 percent of their total Part B costs. [154]

There is some concern that tying premiums to income would weaken Medicare politically over the long run, since people tend to be more supportive of universal social programs than of means-tested ones. [155]

Medigap restrictions

Some Medicare supplemental insurance (or "Medigap") plans cover all of an enrollee's cost-sharing, insulating them from any out-of-pocket costs and guaranteeing financial security to individuals with significant health care needs. Many policymakers believe that such plans raise the cost of Medicare by creating a perverse incentive that leads patients to seek unnecessary, costly treatments. Many argue that unnecessary treatments are a major cause of rising costs and propose that people with Medicare should feel more of the cost of their care to create incentives to seek the most efficient alternatives. Various restrictions and surcharges on Medigap coverage have appeared in recent deficit reduction proposals. [156][157][158] One of the furthest-reaching reforms proposed, which would prevent Medigap from covering any of the first \$500 of coinsurance charges and limit it to covering 50 percent of all costs beyond that, could save \$50 billion over 10 years. [159] But it would also increase health care costs substantially for people with costly health care needs.

There is some evidence that claims of Medigap's tendency to cause over-treatment may be exaggerated and that potential savings from restricting it might be smaller than expected. [160] Meanwhile, there are some concerns about the potential effects on enrollees. Individuals who face high charges with every episode of care have been shown to delay or forgo needed care, jeopardizing their health and possibly increasing their health care costs down the line. [161] Given their lack of medical training, most patients tend to have difficulty distinguishing between necessary and unnecessary treatments. The problem could be exaggerated among the Medicare population, which has low levels of health literacy. [full citation needed]

Legislative oversight[edit]

The following congressional committees provide oversight for Medicare programs: [162]

Senate

- Senate Committee on Appropriations
 - Subcommittee on Labor, Health and Human Services, Education, and Related Agencies
- Senate Budget Committee
- Senate Committee on Finance
- Senate Committee on Homeland Security and Governmental Affairs
 - Subcommittee on Oversight of Government Management, the Federal Workforce, and the District of Columbia
- Senate Committee on Health, Education, Labor and Pensions
 - Subcommittee on Federal Financial Management, Government Information, and International Security
 - Subcommittee on Primary Health and Aging
- Senate Special Committee on Aging

House

- House Committee on Appropriations
 - Subcommittee on Labor, Health and Human Services, Education, and Related Agencies
- House Budget Committee
- House Committee on Energy and Commerce
 - o Subcommittee on Health
 - Subcommittee on Oversight and Investigations
- House Small Business Committee
- House Committee on Ways and Means
 - o Subcommittee on Health

Joint

• Joint Economic Committee

See also[edit]

- Administration on Aging
- Federal Insurance Contributions Act
- Health care in the United States
- Health care politics
- Health care reform in the United States
- Health insurance in the United States
- Maurice Mazel
- Medicaid
- Medicare (Australia)
- Medicare (Canada)
- Medicare Access and CHIP Reauthorization Act of 2015
- Medicare Prompt Pay Correction Act
- Medicare Quality Cancer Care Demonstration Act
- Medicare Rights Center
- National Health Service (United Kingdom)
- National Quality Cancer Care Demonstration Project Act of 2009
- Patient Protection and Affordable Care Act (Obamacare)
- Philosophy of healthcare
- Quality improvement organizations
- Single-payer health care
- Stark Law
- United States National Health Care Act (Expanded and Improved Medicare for All Act)

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- Medicare at cms.gov
- Medicare.gov the official website for people with Medicare
- Medicare Primer Congressional Research Service
- Finding Medicare Enrollment Statistics Congressional Research Service

Governmental links – historical[edit]

- Medicare Is Signed Into Law page from ssa.gov material about the bill-signing ceremony
- <u>Historical Background and Development of Social Security</u> from ssa.gov includes information about Medicare
- <u>Detailed Chronology of SSA</u> from ssa.gov includes information about Medicare
- Early Medicare poster from ssa.gov

Non-Governmental links[edit]

- Consumer Reports Managing Medicare
- <u>Kaiser Family Foundation</u> Substantial research and analysis related to the Medicare program and the population of seniors and people with disabilities it covers.
 - State-level data on Medicare beneficiaries, such as enrollment, demographics (such as age, gender, race/ethnicity), spending, other sources of health coverage, managed care participation, and use of services.
 - o <u>History of Medicare</u> in an interactive timeline of key developments.

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