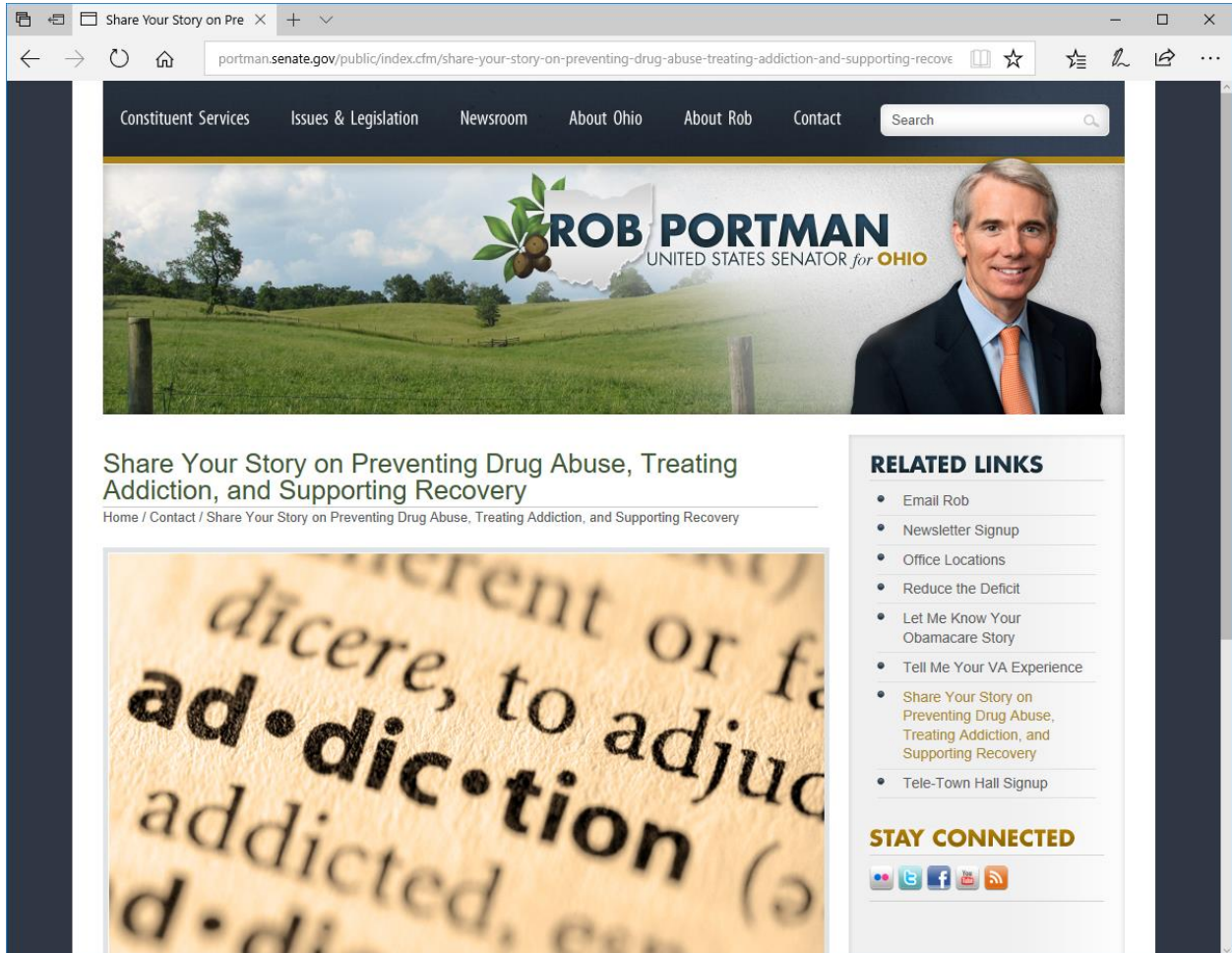


[Share Your Story on Preventing Drug Abuse, Treating Addiction, and Supporting Recovery - Rob Portman](https://www.portman.senate.gov/public/index.cfm/share-your-story-on-preventing-drug-abuse-treating-addiction-and-supporting-recovery)  
(MY USA Senator)

<https://www.portman.senate.gov/public/index.cfm/share-your-story-on-preventing-drug-abuse-treating-addiction-and-supporting-recovery>



The screenshot shows a web browser window displaying the Rob Portman website. The browser's address bar shows the URL: [portman.senate.gov/public/index.cfm/share-your-story-on-preventing-drug-abuse-treating-addiction-and-supporting-recovery](https://www.portman.senate.gov/public/index.cfm/share-your-story-on-preventing-drug-abuse-treating-addiction-and-supporting-recovery). The website's navigation menu includes links for Constituent Services, Issues & Legislation, Newsroom, About Ohio, About Rob, and Contact, along with a search bar. The main header features a banner with a green field and a portrait of Rob Portman, with the text "ROB PORTMAN UNITED STATES SENATOR for OHIO". Below the banner, the page title is "Share Your Story on Preventing Drug Abuse, Treating Addiction, and Supporting Recovery". A breadcrumb trail reads "Home / Contact / Share Your Story on Preventing Drug Abuse, Treating Addiction, and Supporting Recovery". The main content area shows a close-up image of a dictionary page with the word "addiction" highlighted. To the right, there is a "RELATED LINKS" section with a list of links: Email Rob, Newsletter Signup, Office Locations, Reduce the Deficit, Let Me Know Your Obamacare Story, Tell Me Your VA Experience, Share Your Story on Preventing Drug Abuse, Treating Addiction, and Supporting Recovery (highlighted), and Tele-Town Hall Signup. Below this is a "STAY CONNECTED" section with social media icons for Facebook, Twitter, YouTube, and RSS.

[Rob Portman](https://www.portman.senate.gov/public/index.cfm/share-your-story-on-preventing-drug-abuse-treating-addiction-and-supporting-recovery) -- United States Senator for OHIO - USA  
[Share Your Story on Preventing Drug Abuse, Treating Addiction, and Supporting Recovery](https://www.portman.senate.gov/public/index.cfm/share-your-story-on-preventing-drug-abuse-treating-addiction-and-supporting-recovery)

## Share Your Story on Preventing Drug Abuse

### **Rob Says “There is a growing drug abuse epidemic in our state, and it’s something that we cannot ignore.”**

Too many Ohio families have lost a loved one due to an addiction, and it’s up to all of us to work together on prevention and treatment so that we can help people get their lives back and stay on the road of recovery.

I’ve worked on efforts to prevent drug abuse for over 20 years. I authored the Drug Free Communities Act which helped set up thousands of program prevention programs throughout the country, and more recently authored the Comprehensive Addiction and Recovery Act which takes a bottom-up approach to fighting drug abuse and helping those who fall into addiction.

**If you or a family member has been personally impacted by addiction and would like to share your story, please take a few minutes to do so below. The more we raise awareness on this issue, the more we can turn the tide in the struggle against addiction and help people reach their God-given potential.**

## 2. ENTER YOUR STORY – Following is Susan’s Story ...

**10-14-2017**

Dear Sir (Mr. Portman), Thank YOU for your request.

In fact, I suffered a stroke ([SAH at my MCA](#)) in 2012. I was in the Great Smoky Mountains Park area - and, had to be lifted - by a very big helicopter - to Mission Hospital - in Asheville, NC. After we landed - on the top of the hospital - 7 floors up! - A Neuro Surgeon, Dr. Victor Perry MD - and, his team - saved my life - by using a "full craniotomy" medical procedure. They entered through the Sylvian fissure - of the human skull. In the following months, I was hospitalized - to heal- and also regain the use of my brain - injured by the stroke AND the required surgery. **I was prescribed [Opioid Pain Relievers](#) – for the pain.**

**Then**, at the suggestion of my neurologist - AND my Primary CARE doctors: [Song ZHAO MD](#) and [Julianne Brackin MD](#) - Both, Medical Doctors - in Columbus, Ohio - I started performing YOGA poses - each day. Today, I perform 27 YOGA poses - each day - at the "KLEPTZ" YMCA in Dayton, Ohio. My Medical doctors are: Lawrence Goldstick AND Lizbeth Bible. I also have a personal web site ( <http://hansandcassady.org/> )- with the main purpose of helping other stroke survivors - by telling my story. **YES! It is possible - to quit "opioid pain relievers"**. I have done it. Today, I only take 3 ALEVE tablets per day. I do NOT drink alcohol. I do NOT smoke. And, my husband - of 35+ years - says that I am a "hotti" - with NoXema skin AND a V8 body. In fact, [ I am 63 years old]. Hans - my husband - even bought me a song about this. He put it on my iPOD-Apple

[Share Your Story on Preventing Drug Abuse, Treating Addiction, and Supporting Recovery - Rob Portman \(MY USA Senator\)](#)

music box. I make him a "puffy pancake" every morning - AND, he drives me to the YMCA - where, we both work out. [Pastor Leroy Chambliss - a Methodist](#) - is our spiritual advisor - as well as - [Jay McMillen - with the United Church of Christ](#). - Susan & Hans

Please see my Idea for [USA Health ACT](#) - on my web site.

## **Stay Connected ( to USA Senator Rob Portman)**

**Susan says: *"His staff is very nice!"***

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Cincinnati, Ohio 45202  
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**Cleveland, OH** 1240 East 9th Street  
Room 3061  
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